

# ***Mental Health***

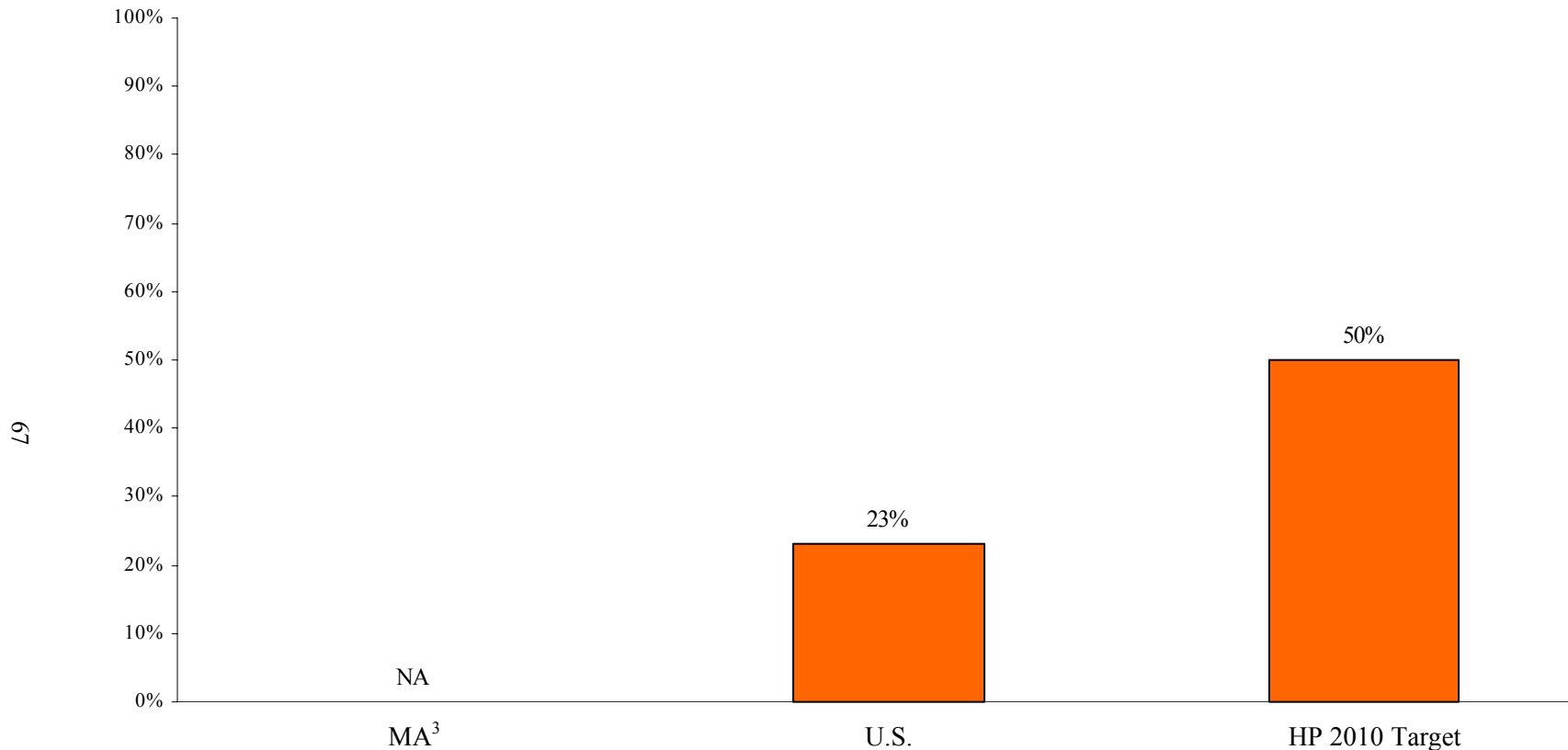
## **A note about this indicator:**

The objective selected to measure progress among adults for this Leading Health Indicator is presented below. This is only an indicator and does not represent all the mental health objectives included in Healthy People 2010.

18-9b. Increase the proportion of adults with recognized depression who receive treatment.

Data Sources: 2002 Behavioral Risk Factor Surveillance System (BRFSS).

**Adults with depression<sup>1</sup> who received treatment<sup>2</sup>,  
MA, U.S. (1997), HP 2010**



**Objective: 18-9b Increase the proportion of adults with recognized depression who receive treatment**

<sup>1</sup> Depression is defined as major depressive episode in the past year.

<sup>2</sup> Treatment is defined as treatment in the past year for psychological problems or emotional difficulties at a mental health clinic or by a mental health professional on an outpatient basis or treatment for psychological or emotional difficulties at a hospital overnight or longer.

Source: Substance Abuse and Mental Health Services Administration, Office of Applied Studies. National Household Survey on Drug Abuse. 1997.

<sup>3</sup> MA Data will be available in 2003 (BRFSS)

